

Postoperative Bowel Regimen For Patients On Opiates

Step 1 (if no results in 24 hours, move to step 2)

- A. **Docusate** 100 mg by mouth twice a day and
- B. **Senna** 1 tab by mouth daily up to twice daily
- C. Do not take if having loose stools

Step 2 (If no results in 24 hours, move to step 3)

- A. **Docusate** 100 mg by mouth twice a day and
- B. **Senna** 2 tabs by mouth twice a day and
- C. **Magnesium Citrate** Laxative Solution

Step 3 (If no results in 24 hours, move to step 4)

- A. **Docusate** 100 mg by mouth twice a day and
- B. **Senna** 3 tabs by mouth twice a day and
- C. **Bisacodyl** rectal suppository 3-4 after breakfast

Step 4 (If no results in 24 hours, move to step 5)

- A. **Docusate** 100 mg by mouth twice a day and
- B. **Senna** 4 tabs by mouth twice a day and
- C. **Miralax** 1 capful daily in 8 oz crystal light or similar (or Lactulose or Sorbitol 15 ml by mouth twice a day)
- D. **Bisacodyl** rectal suppository 3-4 after breakfast

Step 5 (Indicated for no Bowel Movement in 4 days)

- A. **Sodium phosphate enema** or
- B. **Oil retention enema** or
- C. **High-colonic tap water enema**
- D. Continue until adequate results

Step 6 (If no results in 24 hours, move to step 7)

- A. **Docusate** 100 mg by mouth twice a day and
- B. **Senna** 4 tabs by mouth twice a day and
- C. **Miralax** 1 capful 1-2 times daily in 8 oz crystal light or similar (or Lactulose or Sorbitol 30 ml by mouth twice a day)
- D. **Bisacodyl** rectal suppository 3-4 after breakfast

Step 7

- A. **Docusate** 100 mg by mouth twice a day and
- B. **Senna** 4 tabs by mouth twice a day and
- C. **Miralax** 1 capful 2-3 times daily in 8 oz crystal light or similar (or Lactulose or Sorbitol 30 ml by mouth four times daily)
- D. **Bisacodyl** rectal suppository 3-4 after breakfast